

# Hip Replacement Surgery - Why to Get it Done As Early As Possible



Hip replacement is a surgical procedure that is recommended for the treatment of conditions affecting the hip joint. It is considered the last treatment option as no other methods can provide relief. Severe hip fractures and hip arthritis are a few of the conditions that may arise the need for hip replacement surgery.

Any orthopedic problem affecting the hip is not only painful but also makes it difficult for the person to even perform routine activities. In severe cases, the symptoms are so severe that it is not even possible to move the affected side of the hip. It is advised that when it is confirmed hip replacement is required, one should not delay the procedure for his/her own good. Any delay will only make the condition worse and increase the chances of risks associated with the procedure.

In this post, we will have a look at why it is important to get the hip replacement done as soon as possible once confirmed by the specialist.

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Below mentioned are some of the key reasons to get a hip replacement done timely.

### **Arthritis Worsens with Time**

Arthritis is one of the commonest conditions that affect elderlies. This condition occurs as a result of age-related deterioration of bones. Arthritis causes damage to protective cartilage present in our joints. The hip joint is among the commonest joints affected by arthritis.

When arthritis affects the hip joint, it causes discomfort like pain and joint stiffness. Thus, the affected person finds it difficult to effectively use the joint, and its range of motion becomes limited. In the early stages, the doctor prescribes medicines to curb the symptoms and physical therapy to improve the strength of the joint. But this doesn't work for long as arthritis has no cure and it gets worse with time.

In most cases, the doctor recommends hip replacement surgery to prevent further spread of the condition and provide permanent relief. Now, even after the recommendation of the specialist if the patient delays the surgery, he/she can face severe complications as the condition is only going to become worse.

### **Affects Daily Life**

The hip joint is one of the most used joints in our body and when it hurts, all the activities involving the joint becomes limited. More importantly, daily activities also become affected. Pain could be severe from arthritis and even sometimes, pain medicines don't work for long. Thus, to improve the quality of life, smartness lies in getting the hip replacement done as soon as possible after getting the recommendation from the specialist.

## **Provides Long-Lasting Results**

When you get the surgery done in the early stages, obviously after getting the recommendation from the doctor, the surgery will not only be successful but also provides long-lasting effects. This is because getting operated on when the situation goes out of hand is riskier but still you have to undergo surgery. While on the other hand, a lesser risk is involved when the procedure is carried out in time and the results are better as well.

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